

Selwyn InTouch

The latest news from The Selwyn Foundation

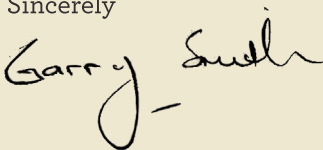
What's New

This new edition of 'Selwyn in Touch' includes details of our plans to acquire Wellington's residential aged care and independent living village, Sprott House. A long established and highly respected provider of quality care, Sprott House shares many similarities with us in terms of their mission and Anglican background. By welcoming them into the Selwyn family, we will have a presence in the Wellington region for the first time ever, which will allow us to serve a brand new community of older people.

Our housing partnership with Auckland Council, Haumaru Housing, has recently celebrated its first year of providing housing and tenancy services for the council's portfolio of rental homes for senior citizens. Throughout July, the team held events at their villages across Auckland, celebrating this important milestone with their tenants. Haumaru Housing has had a very successful first year, helping vulnerable older people into secure, long-term tenancies, and is now looking forward to the construction of new affordable homes in Henderson, to be ready for occupation late next year.

In other exciting news, the Foundation has published its new Strategic Plan which maps out how we intend to grow and develop over the next four years, as we prepare the organisation to help meet the demands of the nation's ageing population. This is a significant piece of work, considering the scale of the demographic changes taking place in New Zealand and the extent of the services that will be required in support. There is much to be done but we're fortunate that, in planning for the future, we're building on our wonderful legacy and 64 years of devoted service to older people and their families.

Sincerely



Garry Smith
Chief Executive Officer



Announcing a new member of the Selwyn family

Following discussions with Sprott House Trust, the Foundation has entered into a conditional agreement with a view to acquiring the iconic Sprott House village in Wellington.

Sprott House has a long heritage of providing quality care. A registered charity, it was first established in 1898 by the Anglican Diocese of Wellington to provide care for young women and children, becoming a residential aged care home in 1951. Situated in Karori, the site comprises 13 independent living villas, a 73-room care facility (rest home and hospital) and a purpose-built, dedicated secure dementia care unit for 24 people.

This is an excellent opportunity for both The Selwyn Foundation and Sprott House Trust, who have a close affinity as regards culture, faith background, mission and values. The agreement complements our existing core business activities in Auckland, Northland and in the Waikato and will enable us to expand our outreach services to a new community of ageing people.

It heralds an exciting new era for Sprott House and resolves the financial sustainability issues that were increasingly a problem for them as a small provider. It will also ensure that the Sprott House Trust is better able to invest in its charitable aims within the wider area, which it has been unable to do up until now.

Both providers are now working over a transitional period to prepare for the transfer of ownership, which is anticipated to complete on 1 October 2018.



Sprott House

Haumaru Housing celebrates first anniversary

Our housing for older people partnership with Auckland Council, Haumaru Housing, celebrated its first anniversary throughout the month of July, with a series of special morning and afternoon tea events for its tenants across Auckland.

Haumaru Housing is the largest Community Housing Provider in the country that uniquely specialises in providing affordable rental homes for older people. It manages over 1,400 rental units in 62 villages in Auckland, with more in the pipeline, and aims to create positive and inclusive communities that support resilience, connectivity and enhanced wellbeing.



Pictured at the first anniversary celebrations at Te Atatu's Kaumatua Court are (left to right): Henderson-Massey Local Board Chair Shane Henderson, Haumaru Housing Board Member Matthew Harker, Haumaru Housing CEO Gabby Clezy, Auckland Mayor Phil Goff, Kaumatua Court tenant Bill Tangariki, The Selwyn Foundation Board Chair Kay Hawk, and Waitakere Ward Councillor Linda Cooper.

Celebrating Founders' Day 2018

On 22 May – Founders' Day – we celebrated Selwyn's 64th anniversary and our enduring mission to provide services and support for ageing people and those who are vulnerable or in need. Founders' Day allows us to commemorate our heritage and pay tribute to those who have shaped and enriched the development of our organisation through the ages.

Two new Companions of The Selwyn Foundation were announced this year – Selwyn Oaks' staff member, Lois Cossey, and former property adviser to the Selwyn Board, John Whitehead. Lois has been a member of our Selwyn Oaks' caregiving team for over thirty years and is a House Lead, showing the way in our household model of care. Over that time, she's demonstrated total love and compassion for everyone she's cared for, always putting their needs and concerns first, as well as being a supportive work colleague.

John Whitehead provided consultancy advice to our Property Committee for thirteen years, from 2005 until 2017. His contribution in that time proved extremely important for the Foundation, as we entered a period of

major, ongoing building development activity.

Our new Companions were awarded with our specially commissioned Founders' Day bronze commemorative medal at the Service of Thanksgiving at Selwyn Village, which depicts the images of Bishop and Sarah Selwyn and featuring Bishop Selwyn's often used phrase: 'For service of Heart, Hand and Mind'.



The Foundation's new Companions are pictured with Bishop Jim White of the Anglican Diocese of Auckland, CEO Garry Smith and Board Chair, Dr Kay Hawk.

Selwyn Village's new 90-room care centre nearing completion

Construction of Selwyn Village's new care centre is progressing apace, with the 90-room residence – which includes an 18-room dementia care household – due to open in November.

The design of the new building has been inspired by the most progressive thinking in residential aged care provision and service delivery. As with our recently opened care centres at Selwyn Oaks (Papakura) and Selwyn St Andrew's (Cambridge), it will feature small

communities or 'households' of twelve residents within the larger community of the care home. With the new household care model, we'll also be introducing our innovative 'care partnership' approach, which will provide care planning focussed on all aspects of a person's wellbeing.

The new care home is to be named the 'Ivan Ward Centre' in honour of distinguished civil engineer and generous supporter of the Foundation's work and mission, the late Mr Ivan Ward.



Artist's impression of the new Ivan Ward Centre

Selwyn Community: providing practical support to benefit health and wellbeing

The Selwyn Community team is leading a range of exciting initiatives that further extend our services to help older people maintain wellbeing, whilst living independently at home.

One such innovation is the 'Forever Young' programme, designed to improve strength and physical ability in order to reduce the risk of falls. The ten-week course is suitable for older people of all levels of fitness and is available at local venues. Accredited by ACC and delivered by a physiotherapist or exercise physiologist, the programme measures physical improvement through pre- and post-assessment, with participants recording marked improvements in their overall strength, balance and agility at the end of the course.

The team is also providing telemonitoring services and other technology in the home to help those with long-term health conditions understand and better manage their health.

In addition, following the purchase of three minivans thanks to a generous grant from the Stevenson Village Trust, it's now offering community transportation services and social outings for tenants of Haumaru Housing villages and other older people living in the community, thus assisting even more people to stay connected and socially engaged within their neighbourhoods.



'All aboard!' A Haumaru Housing tenant climbs aboard for a day out in one of our new community minivans.

The Selwyn Institute conferences: leading the way in learning

The Foundation's Selwyn Institute is currently finalising preparations for its popular Gerontology Nurses Conference, and the unique and inspirational Ageing and Spirituality Conference, which are to be held on 1 October and 1 November respectively.

Clinical psychologist and TV presenter, Nigel Latta, will be one of a number of expert speakers at the Gerontology Nurses Conference, which is designed for healthcare workers who specialise in the care of ageing people. This year's event will focus on the problem of loneliness and will help health practitioners identify, understand and then deal with this complex problem and the risks it poses for older people – whether in a residential care environment or in the wider community.

The annual Ageing and Spirituality conference takes as its theme 'Are we longing for belonging?' and will offer thought-provoking insights, presentations and perspectives by leading commentators representing a diverse range of spiritual and cultural backgrounds. The programme will explore ways in which workers in the caring professions, or who provide spiritual care to others, can help those they support to enjoy a better quality of life through remaining engaged and achieving a real sense of belonging.

For further details, visit:

www.selwynfoundation.org.nz/learning/learn/

Exciting new Strategic Plan sets a course for the future

The Foundation has launched a new set of goals and strategies that detail how we wish the organisation to develop over the next four years.

The new 2018-2022 Strategic Plan provides a framework for the effective delivery of our range of services and activities amidst the dramatic population changes that are now taking place in New Zealand. It's well known that our society is ageing – almost a quarter of the population will be over 65 by 2038 – and this older cohort is also becoming more diverse. Unfortunately, longer life expectancy means that people will potentially spend more years in poor health and without the traditional support of close family and community. To be effective in this environment, therefore, the Foundation must be able to respond to the changing needs and vulnerabilities of the nation's senior citizens.

At the heart of our planning is Selwyn's charitable mission – our very reason for being – with its prime aim of enhancing quality of life and, particularly, supporting those who are vulnerable. The Foundation's charitable outreach is centred on three areas where we believe our help can make a substantial difference – social isolation and loneliness, affordable housing and hardship support.

With the rise in the ageing population, we expect a growth in the number of people who are vulnerable or in need, so are looking for further ways we can increase our charitable outreach to benefit more lives.

The Plan outlines what we wish to achieve in terms of caring for older people who live in the wider community and in our villages alike and how we might grow our capability to positively impact their lives, whatever their residential setting. It sets out the Selwyn Institute's priorities for promoting knowledge-sharing and research, as well as our objectives for investing in our workforce through learning and education – a focus that will ultimately achieve better outcomes for older people.

With strategic goals for identifying innovative and agile solutions to help people maintain their wellbeing, for developing new revenue streams to fund our charitable mission, and for environmentally sustainable practices, services, facilities and sites, the Plan signals the Foundation's ambition to make an even bigger impact in how we serve the senior community.

Our exciting new Strategic Plan will be delivered within the guiding principles of The Selwyn Way, which is our approach to the care and wellbeing of all who connect with us, and reflects our ethos that, to care for older people, you have to care about them. Me mātua aroha ki te tangata, hei manaaki tika i a rātou.

Reaching out to local communities

In addition to our network of 40 Selwyn Centres that connect people living in the community, the Foundation funds three Seniors Workers who act as 'navigators' in their respective neighbourhoods.

The Seniors Workers in Massey and Blockhouse Bay are members of their local Anglican parish committee, but have a wider remit working with individuals beyond their church community. In Whangarei, the Seniors Worker is also financially supported by the Whangarei Anglican Care Trust.

Their focus is on identifying older people who may be vulnerable or at risk of becoming isolated, and advocating with social service and health agencies, where there's a need. They facilitate community connection by, for example, providing monthly communal meals, initiating friendship groups to bring people together of differing ethnicities and backgrounds, and networking with other groups that also work to support older people's welfare and wellbeing, such as the Selwyn Centres.

Their work at 'grass-roots' level and that of our Selwyn Centre teams was highlighted at our Selwyn Centres Annual Conference on 25 July, which had as its theme

'Community Connections'. The guest speaker was Diane Turner, Director of the Office for Seniors, who outlined the work currently underway in preparation for developing a new strategy for the ageing population and action plan.

As an organisation, The Selwyn Foundation is fully behind the aims of the strategy, and we look forward to sharing our insights and experiences, so that life can be made better for the nation's senior citizens, now and in the future.



(Left to right): Director of the Office for Seniors, Diane Turner, with Selwyn's Community Programmes Manager, Heather Whineray, and Henderson Selwyn Centre coordinator, Audrey Jones.